



BERLINER TRACK AND FIELD ASSOCIATION E. V.

EUROPEAN CITY CHALLENGE I BERLIN 26.11.2022

- Participating cities:** GLASGOW – BRUSSELS – PARIS – HELSINKI – BERLIN
- Events:** M/F U18: 60m, 400m, 800m, 3000m, 60m hurdles, 4x200m mixed (2x males 2 females), long jump, high jump and shot put
- Venue:** Sportforum Berlin, Weißenseer Weg 53, 13053 Berlin
- Hotel:** Holiday Inn City East (walking distance to the indoor track)
- Maximum participants' per city:** 20 athletes (one male, one female for each discipline plus 2 subs) + 5 persons considered as staff. It will be up to each city if those 5 people will be coaches, officials or people with other functions. If a city will send more than 5 people, the respective city have to pay for it.
25 people per city



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Modus:

One starter per discipline and city. Best results of each competition will be considered and male and female points will be accumulated in the end. Each participant can be entered in 2 events plus relay.

In the technical disciplines, each participant has 4 attempts.

Score based on the number of participating cities (e.g. 5 cities: 1st place = 5 points, 5th place = 1 point).

Lane assignment

60m: Random Lane assignment

400m: First Race:	Lane 3: fastest runner
	Lane 4: second fastest
	Lane 2: third fastest
Second Race:	Lane 3: fourth fastest
	Lane 4: fifth fastest

800m: One race

Relay: Same assignment as for the 400 but it's not selected by times but by the points selected by the cities so far.

First race: place 1-3, second race: place 4-5

- The relay consists of 2 female and 2 male participants
- The running order of the participants is freely selectable and must be finalized 90min before the relay start.

Highjump starting height:

Females U18: 1,50 – 1,55 – 1,60 – 1,63 – 1,66 ...

Males U18: 1,65 – 1,70 – 1,75 – 1,78 – 1,81...

Substitutes can start in 2 disciplines as quests.

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Draft: timetable of the weekend

Freitag, 25.11.2022

00 – 23:59	Arrival of the Cities in Berlin
	Depending on regulations: Covid Testing
	Individual Arrival (Dinner etc.)

Samstag, 26.11.2022

7 – 10	Breakfast at the Hotel
10:30 – 14 (tbd)	Competition (next page)
14 – 15:15	Break with lunch together
15:20 – 17:30	Cultural program
18 – 22:30	Banquette, „Party“

Sonntag, 27.11.2022

7 – 10	Breakfast at the Hotel and Check Out
10 – 12	Olympic Stadium Tour
12 – 13	Lunch together
13	Departure

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Draft: competition timetable

Time	Event	Longjump	Highjump	Shotput
11:30	60 m F U18	WJ U 18	MJ U 18	WJ U 18
11:35	60 m M U18			
12:00	60 m-H F U18			
12:05	60 m-H M U18			
12:30	400 m F U18	MJ U 18	WJ U 18	MJ U 18
12:35	400 m M U18			
12:40	3.000 m F U18			
13:00	3.000 m M U18			
13:20	800 m F U18			
13:25	800 m M U18			
13:30	4x200m mixed			
13:45	Ceremony			

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